

Green Smoothie

- 3 cups spinach**
- 2 cups strawberries**
- 1 frozen banana, sliced**
- 1/2 cup plain Greek yogurt**
- 1/2 cup apple juice**
- 2 Tbs. honey**



Pulse spinach in blender until liquefied. Add remaining ingredients until smooth consistency is reached. Pour into glasses and enjoy!

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